

## Instant-Info: Myeloma or Multiple Myeloma

- I. General cancer information by phone:
  - American Cancer Society @ 1-800-227-2345 (24 hours)
  - National Cancer Institute @ 1-800-422-6237 (only daytime)
- II. General cancer information on websites recommended by the Medical Library Association:
  - American Cancer Society @ [www.cancer.org](http://www.cancer.org)
  - Association of Cancer Online Resources @ [www.acor.org](http://www.acor.org)
  - Cancer Care, Inc. @ [www.cancercare.org](http://www.cancercare.org)
  - National Cancer Institute @ [www.cancer.gov](http://www.cancer.gov)

Also: People Living with Cancer @ [www.plwc.org](http://www.plwc.org)

### III. Specific information on Myeloma or Multiple Myeloma:

1. International Myeloma Foundation  
2129 Stanley Hills Drive  
Los Angeles, CA 90046

Toll free number: 1-800-452-2873

Website: @ [www.myeloma.org](http://www.myeloma.org)

Email them at: [IMF@myeloma.org](mailto:IMF@myeloma.org)

The International Myeloma foundation publishes a patient-to-patient directory that enables myeloma patients and/or their family members to meet, speak with or e-mail other people with the disease.

2. free brochures:
  - Myeloma from the Leukemia & Lymphoma Society
  - What You Need to Know about Multiple Myeloma  
from the National Cancer Institute
3. books to be used in the library:
  - The Cancer Dictionary by Roberta Altman / p. 197-198
  - The Complete Cancer Survival Guide by Peter Teeley/
    - p. 95-96 causes and symptoms
    - p. 96-98 detection of
    - p.167-169 diagnostic and staging tests
    - p. 516-24 treatment strategies
  - Choices by Marion Morra / p. 730-736
  - Everyone's Guide to Cancer Therapy by Malin Dollinger / p. 676-684
  - Informed Decisions by Harmon J. Eyre / p. 558-60